

Saints Holiday Relays - 12/4/2021

Newell Field House

Results

Women 60 Meter Dash

Meet: 7.78 M 12/13/2014 Sarah De Carufel
Field House: 7.49 F 1/21/2012 Delphine Atangana
Saints: 7.92 s 2/15/2014 Hannah Kinsey
AARTFC: 8.10 A

Name	Yr	School	Prelims
Preliminaries			
1	Lavello, Natalie	FR Le Moyne	8.37Q
2	von Ahn, Hailey	FR Potsdam St.	8.61Q
3	Leonard, Maya	FR Utica	8.51q
4	Schaffer, Michaela	FR Plattsburgh	8.55q
5	Simon, Brianna	FR Le Moyne	8.56q
6	Clarke, Ayjah	FR Utica	8.57q
7	Glomski, Elizabeth	FR Utica	8.68q
8	Caprood, Isabel	JR St. Lawrence	8.69q
9	Lyons, Angelina	FR Plattsburgh	8.71
10	Kitterman, Grace	FR Le Moyne	8.81
11	Broadhurst, Jenni	FR Utica	8.92
12	Schwesig, Gina	FR Potsdam St.	9.29
13	Bolourchi, Ariana	FR Le Moyne	9.43
14	Huntley, Olivia	FR St. Lawrence	9.49
15	Loch, Jessica	FR Le Moyne	9.54

Women 60 Meter Dash

Meet: 7.78 M 12/13/2014 Sarah De Carufel
Field House: 7.49 F 1/21/2012 Delphine Atangana
Saints: 7.92 s 2/15/2014 Hannah Kinsey
AARTFC: 8.10 A

Name	Yr	School	Finals
Finals			
1	Lavello, Natalie	FR Le Moyne	8.29 10
2	Simon, Brianna	FR Le Moyne	8.49 8
3	Leonard, Maya	FR Utica	8.51 6
4	Clarke, Ayjah	FR Utica	8.55 4
5	Schaffer, Michaela	FR Plattsburgh	8.60 2
6	Caprood, Isabel	JR St. Lawrence	8.67 1
7	von Ahn, Hailey	FR Potsdam St.	8.67
8	Glomski, Elizabeth	FR Utica	8.79

Women 300 Meter Dash

Meet: 42.17 M 12/7/2019 Doyin Ogunremi
Field House: 40.63 F 12/1/2012 Victoria McIntyre
Saints: 41.60 s 1/22/2016 Marisa Turner

Name	Yr	School	Finals
Finals			
1	Mix, Mackenzie	FR Utica	42.87 10
2	Cruz-Bermudez, Janaiya	FR Utica	45.09 8
3	von Ahn, Hailey	FR Potsdam St.	45.83 6
4	Cole, Alexis	SO Utica	46.06 4
5	DiFelice, Mallory	FR Le Moyne	46.32 2
6	Durant, Catherine	SO Le Moyne	46.78 1
7	Baker, Cleo	SO Le Moyne	47.12
8	Zoch, Deanna	SO Plattsburgh	47.55
9	Manahan, Delaney	FR Le Moyne	49.04

10	Mooney, Laken	SO St. Lawrence	50.64
11	Loch, Jessica	FR Le Moyne	51.95
12	Bolourchi, Ariana	FR Le Moyne	55.21
---	Schwesig, Gina	FR Potsdam St.	DNS

Women 500 Meter Dash

Meet: 1:21.62 M 12/7/2019 Kallie Villemaire
Field House: 1:14.74 F 1/15/2005 Bailey Lewis
Saints: 1:17.17 s 2/23/2013 Carly Stine

Name	Yr	School	Finals
Finals			
1	Koes, Kristina	SO St. Lawrence	1:35.25 10
2	Francesconi, Amy	FR St. Lawrence	1:42.66 8
---	Smith, Alexa	SO St. Lawrence	DNS

Women 600 Meter Run

Meet: 1:36.62 M 12/7/2019 Sydney Smith
Field House: 1:36.62 F 12/7/2019 Sydney Smith
Saints: 1:39.43 s 1/26/2013 Jessica Marini

Name	Yr	School	Finals
Finals			
1	Levi, Laura	SR Utica	1:52.88 10
2	Graves, Nora	FR St. Lawrence	1:56.87 8
3	Fischler, Sofie	FR St. Lawrence	2:10.10 6

Women 1000 Meter Run

Meet: 3:04.50 M 12/1/2018 Holly Hicks
Field House: 2:52.34 F 1/24/2004 Jennifer Patruno
Saints: 2:57.48 s 2/25/2017 Megan Kellogg

Name	Yr	School	Finals
Finals			
1	Dening, Jade	FR Utica	3:12.53 10
2	Palumbo, Emma	FR St. Lawrence	3:13.52 8
3	McDonough, Aislyn	JR Plattsburgh	3:21.07 6
4	Bridge, Grace	FR St. Lawrence	3:22.83 4
5	Sibold, Allison	FR St. Lawrence	3:25.18 2
6	Churchill, Sarah	FR St. Lawrence	3:25.38 1
7	Ginnane, Emma	FR Plattsburgh	3:29.50
8	Yousey, Emily	FR Potsdam St.	3:30.49
9	Sharpe, Sarah	SO Utica	3:40.15
10	Castro, Natalia	FR Plattsburgh	3:53.50

Women 1 Mile Run

Meet: 5:08.47 M 12/13/2014 Clare McGrath
Field House: 4:56.79 F 2/24/2007 Grace Tilton
Saints: 4:55.50 s 2/21/2015 Cassia Hameline
AARTFC: 5:22.00 A

Name	Yr	School	Finals
Finals			
1	Coolican, Haylei	SO St. Lawrence	5:42.76 10
2	Dickhens, Leana	FR St. Lawrence	5:48.50 8
3	Purvis, Lauren	FR Plattsburgh	6:04.17 6
4	Thomas, Kristen	JR Plattsburgh	6:05.50 4
5	McGrath, Lindsay	SO St. Lawrence	6:24.74 2
---	Ware, Emily	SO Potsdam St.	DNS
---	Moore, Adeline	FR St. Lawrence	DNS

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Results

Women 3000 Meter Run

Meet: 10:24.45 M 12/8/2012 Ella Martin

Field House: 9:54.08 F 3/1/2014 Amy Cymerman

Saints: 9:42.00 s 3/14/2016 Megan Kellogg

AARTFC: 10:40.00 A

Name	Yr	School	Finals
Finals			
1	McClosky, Billie	FR St. Lawrence	11:01.87 10
2	Watson, Olivia	SO St. Lawrence	11:06.94 8
3	Block, Rebecca	JR Plattsburgh	11:08.47 6
4	Sheehy, Katherine	SO St. Lawrence	11:22.28 4
5	Holl, Kinsley	FR St. Lawrence	12:25.64 2
6	Ware, Emily	SO Potsdam St.	14:37.49 1
---	Bernier, Olivia	FR St. Lawrence	DNS

Women 60 Meter Hurdles

Meet: 9.03 M 12/13/2014 Devyani Biswal

Field House: 8.44 F 1/18/2014 Karelle Edwards

Saints: 9.04 s 2/14/2015 Divya Biswal

AARTFC: 9.50 A

Name	Yr	School	Finals
Finals			
1	Caprood, Isabel	JR St. Lawrence	9.92 10
2	Smith, Shaina	SO Le Moyne	9.92 8
3	Henderson, Sophie	SR Utica	10.22 6
4	Castagnier, Hayley	SO St. Lawrence	10.49 4
5	Greenthal, Kelsea	FR Plattsburgh	10.82 2
---	Devitt, Nora	FR Utica	DNS

Women 4x200 Meter Relay

Meet: 1:45.15 M 12/14/2013 Ottawa GG's

Field House: 1:45.15 F 12/14/2013

C Labarang, C Phillips, C Gardner, S DeCarufel

Saints: 1:45.58 s 2/28/2014 SLU

D Biswal, K Mason, C Stine, H Kinsey

Team	Relay	Finals
Finals		
1	Utica	A 1:53.41 10
	1) Mix, Mackenzie FR	2) Cruz-Bermudez, Janaiya FR
	3) Meade, Laura SR	4) Clarke, Ayjah FR
2	Le Moyne	A 1:56.27 8
	1) Lavello, Natalie FR	2) Simon, Brianna FR
	3) Kitterman, Grace FR	4) Smith, Shaina SO
3	Utica	B x1:57.82
	1) Broadhurst, Jenni FR	2) Glomski, Elizabeth FR
	3) Cognetti, Gianna SO	4) Leonard, Maya FR
4	St. Lawrence	A 2:02.74 6
	1) Caprood, Isabel JR	2) Marcus, Mackenzie FR
	3) Huntley, Olivia FR	4) Mooney, Laken SO
---	Plattsburgh St.	A DNS
	1) Wise, Sydney FR	2) Lyons, Angelina FR
	3) Osmer, Mikayla FR	4) Magoon, Jillian SO

Women 4x400 Meter Relay

Meet: 4:05.73 M 12/7/2019 Ottawa

L Hempstead, S Smith, B McCormick, M Dahms

Field House: 3:58.32 F 3/5/2005

B Boyd, A Tecco, E Huggler, J Bonelli

Saints: 3:57.61 s 3/2/2013 SLU

C Stine, A Pond, H Kinsey, J Marini

AARTFC: 4:10.00 A

Team	Relay	Finals
Finals		
1	Plattsburgh St.	A 4:33.75 10
	1) Cluck, Hannah FR	2) Greenthal, Kelsea FR
	3) Zoch, Deanna SO	4) McDonough, Aislyn JR
2	Le Moyne	A 4:39.71 8
	1) DiFelice, Mallory FR	2) Manahan, Delaney FR
	3) Durant, Catherine SO	4) Baker, Cleo SO
3	St. Lawrence	A 4:52.70 6
	1) Castagnier, Hayley SO	2) Graves, Nora FR
	3) Koes, Kristina SO	4) Francesconi, Amy FR
---	Utica	A DNS
	1) Meade, Laura SR	2) Cruz-Bermudez, Janaiya FR
	3) Cognetti, Gianna SO	4) Mix, Mackenzie FR

Women 1600 Sprint Medley

Meet: 4:21.26 M 12/8/2007 Ithaca

S Donahue, L Klumpp, M McCord, S Moskey

Field House: 4:21.26 F 12/8/2007 Ithaca

S Donahue, L Klumpp, M McCord, S Moskey

Saints: 4:33.16 s 12/1/2017 SLU

A Arruda, A Uriarte, A Leta, C Driscoll

Team	Relay	Finals
Finals		
1	Plattsburgh St.	A 4:35.42 10
	1) Zoch, Deanna SO	2) Greenthal, Kelsea FR
	3) Cluck, Hannah FR	4) McDonough, Aislyn JR
2	Le Moyne	A 4:37.68 8
	1) DiFelice, Mallory FR	2) Lavello, Natalie FR
	3) Durant, Catherine SO	4) Baker, Cleo SO
3	St. Lawrence	B x4:37.92
	1) Castagnier, Hayley SO	2) Huntley, Olivia FR
	3) Graves, Nora FR	4) Palumbo, Emma FR
4	St. Lawrence	A 4:49.23 6
	1) Koes, Kristina SO	2) Marcus, Mackenzie FR
	3) Churchill, Sarah FR	4) Sibold, Allison FR

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Results

Women Distance Medley

Meet: 12:44.08 M 12/13/2014 St. Lawrence

C Pomainville, H Fake, A Leta, M Kellogg

Field House: 11:51.09 F 2/28/2003

K Cravatta, L Janovich, E Maston, A Laytham

Saints: 11:56.05 s 3/10/2017 SLU

C Driscoll, M Lennon, C Scott, M Kellogg

AARTFC: 13:10.00 A

Team	Relay	Finals
Finals		
1 St. Lawrence	A	13:54.34 10
1) Coolican, Haylei SO	2) Sibold, Allison FR	
3) Bridge, Grace FR	4) Dickhens, Leana FR	
2 Utica	A	14:04.24 8
1) Levi, Laura SR	2) Cole, Alexis SO	
3) Sharpe, Sarah SO	4) Dening, Jade FR	
3 St. Lawrence	B	x14:34.23
1) Churchill, Sarah FR	2) Palumbo, Emma FR	
3) McClosky, Billie FR	4) McGrath, Lindsay SO	
4 Plattsburgh St.	A	14:49.97 6
1) Purvis, Lauren FR	2) Castro, Natalia FR	
3) Ginnane, Emma FR	4) Thomas, Kristen JR	

Women High Jump follows MHJ

Meet: 1.68m M 12/8/2012 Marisa Turner

Field House: 1.78m F 1/17/2004 Kristy Kerin

Saints: 1.72m s 2/13/2016 Marisa Turner

AARTFC: 1.56m A

Name	Yr	School	Finals
Finals			
1 Donnelly, Makiya	FR	Utica	1.53m 10
2 Wahlquist, Maia	FR	St. Lawrence	1.48m 8
3 Boerke, Kristen	JR	Plattsburgh	1.43m 6
4 Berge, Katherine	FR	Plattsburgh	1.38m 4
5 Osmer, Mikayla	FR	Plattsburgh	1.28m 2
--- Leonard, Maya	FR	Utica	NH

Women Pole Vault follows MPV

Meet: 3.45m M 12/8/2007 Sarah Kimball

Field House: 3.60m F 2/28/2014 Rebecca Graudons

Saints: 3.30m s 2/15/2014 Caitlin Boreyko

AARTFC: 3.20m A

Name	Yr	School	Finals
Finals			
--- DeSanctis, Gabrielle	SO	Utica	NH

Women Long Jump

Meet: 5.50m M 12/14/2002 Kate De Puy

Field House: 5.84m F 2/28/2003 Kate DePuy

Saints: 5.87m s 2/22/2003 Kate DePuy

AARTFC: 5.25m A

Name	Yr	School	Finals
Finals			
1 Wands, Kelsey	SO	Utica	5.07m 10
2 Schaffer, Michaela	FR	Plattsburgh	4.72m 8

3 Boerke, Kristen	JR	Plattsburgh	4.53m	6
4 Mooney, Laken	SO	St. Lawrence	4.46m	4
5 Lyons, Angelina	FR	Plattsburgh	4.35m	2
6 Marcus, Mackenzie	FR	St. Lawrence	4.26m	1
7 Magoon, Jillian	SO	Plattsburgh	4.19m	
8 Osmer, Mikayla	FR	Plattsburgh	3.51m	
9 Macey, Courtney	SO	Plattsburgh	3.43m	

Women Triple Jump follows MLJ

Meet: 11.28m M 12/1/2018 Victoria Whimble

Field House: 11.70m F 3/1/2014 Divya Biswal

Saints: 12.07m s 3/1/2013 Divya Biswal

AARTFC: 10.75m A

Name	Yr	School	Finals
Finals			
1 Schaffer, Michaela	FR	Plattsburgh	9.99m 10
2 Lyons, Angelina	FR	Plattsburgh	9.78m 8
3 Cognetti, Gianna	SO	Utica	9.68m 6
4 Magoon, Jillian	SO	Plattsburgh	9.37m 4
--- Meade, Laura	SR	Utica	FOUL
--- Macey, Courtney	SO	Plattsburgh	FOUL
--- Devitt, Nora	FR	Utica	DNS

Women Shot Put

Meet: 14.08m M 12/12/2009 Alyssa Pirinelli

Field House: 15.22m F 1/18/2003 Caroline Larose

Saints: 14.69m s 2/20/2010 Alyssa Pirinelli

AARTFC: 11.50m A

Name	Yr	School	Finals
Finals			
1 Kozyra, Madison	FR	Le Moyne	12.33mA 10
2 Bjelko, Kaitlyn	JR	Plattsburgh	11.29m 8
3 Merchant, Kimberly	JR	St. Lawrence	10.78m 6
4 Boswell, Emily	FR	St. Lawrence	10.57m 4
5 Taylor, Madeline	SO	Plattsburgh	10.06m 2
6 Rhoads, Bliss	JR	Plattsburgh	9.90m 1
7 Piper, Jasmine	SO	Plattsburgh	9.86m
8 Tacy, Shannon	FR	St. Lawrence	9.66m
9 DeSanctis, Gabrielle	SO	Utica	9.00m
10 Cook, Cassidy	FR	Utica	8.67m
11 Thornton, Megan	FR	Plattsburgh	8.63m
12 Rett, Brianne	FR	Le Moyne	8.61m
13 Garcia, Odalis	JR	Utica	7.98m
14 Clifford, Rebecca	JR	Utica	7.93m
15 Losito, Dayna	SO	Utica	7.11m
16 Kocienda, Elizabeth	SO	Plattsburgh	6.94m
17 Connors, Alaina	FR	Plattsburgh	6.85m
18 Hayes, Maggie	FR	St. Lawrence	6.69m
--- Simmons, Cassandra	FR	Utica	DNS
--- Fahy, Jane	JR	Utica	DNS

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Newell Field House

Results

Women Weight Throw follows MSP

Meet: 16.68m M 12/10/2011 Sarah Timmons

Field House: 22.00m F 1/14/2017 Sultana Frizell

Saints: 17.65m s 2/27/2009 Alyssa Pirinelli

AARTFC: 14.00m A

Name	Yr	School	Finals
Finals			
1	DeSanctis, Gabrielle	SO Utica	14.11mA 10
2	Piper, Jasmine	SO Plattsburgh	13.05m 8
3	Merchant, Kimberly	JR St. Lawrence	13.02m 6
4	Kozyra, Madison	FR Le Moyne	12.77m 4
5	Bjelko, Kaitlyn	JR Plattsburgh	11.82m 2
6	Rhoads, Bliss	JR Plattsburgh	11.72m 1
7	Boswell, Emily	FR St. Lawrence	11.38m
8	Thornton, Megan	FR Plattsburgh	11.11m
9	Whorf, Skyler	FR Utica	11.10m
10	Clifford, Rebecca	JR Utica	10.88m
11	Hayes, Maggie	FR St. Lawrence	10.49m
12	Rett, Brianne	FR Le Moyne	9.61m
13	Connors, Alaina	FR Plattsburgh	9.42m
14	Tacy, Shannon	FR St. Lawrence	8.21m
15	Kocienda, Elizabeth	SO Plattsburgh	6.89m
---	Garcia, Odalis	JR Utica	FOUL

Men 60 Meter Dash

Meet: 6.92 M 12/1/2018 Lionel Muteba

Field House: 6.82 F 1/21/2012 Moussa Sissoko

Saints: 6.87 s 2/22/2019 Ian Clough

AARTFC: 7.15 A

Name	Yr	School	Prelims
Preliminaries			
1	Richards, Daijon	FR Utica	A 7.05Q
2	Washington, Josh	SO Utica	7.18Q
3	Hauf, William	FR St. Lawrence	7.29Q
4	Abbott, Dominic	FR Le Moyne	7.32q
5	Montville, Brexton	SO Plattsburgh	7.32q
6	Davidson, Jared	SO Plattsburgh	7.41q
7	Boss, James	JR Utica	7.45q
8	Robinson, Badie	FR Potsdam St.	7.46q
9	Campbell, Michael	SO Utica	7.49
10	Valentin, Justin	FR Utica	7.52
11	Oduro, Junior	FR Potsdam St.	7.57
12	Lambert, Connor	JR St. Lawrence	7.58
13	Scott, Brandon	FR Le Moyne	7.69
14	Petty, Tim	FR Potsdam St.	7.71
15	Gartner, Charles	FR St. Lawrence	7.73
16	Rogers, Nyles	FR Utica	7.74
17	Sullivan, Jamie	FR Potsdam St.	7.79
18	Thomas, Widmarc	FR Utica	7.93
19	Simack, Jack	FR St. Lawrence	8.16
20	Favata, Luke	SO Potsdam St.	9.58

Men 60 Meter Dash

Meet: 6.92 M 12/1/2018 Lionel Muteba

Field House: 6.82 F 1/21/2012 Moussa Sissoko

Saints: 6.87 s 2/22/2019 Ian Clough

AARTFC: 7.15 A

Name	Yr	School	Finals
Finals			
1	Richards, Daijon	FR Utica	7.15A 10
2	Washington, Josh	SO Utica	7.19 8
3	Abbott, Dominic	FR Le Moyne	7.25 6
4	Montville, Brexton	SO Plattsburgh	7.27 4
5	Hauf, William	FR St. Lawrence	7.29 2
6	Davidson, Jared	SO Plattsburgh	7.31 1
7	Boss, James	JR Utica	7.45
8	Robinson, Badie	FR Potsdam St.	7.53

Men 300 Meter Dash

Meet: 36.15 M 12/7/2019 Jared Davidson

Field House: 34.63 F 12/3/2011 Gordon Frenke

Saints: 34.5h s 1986 Tim McCrossen

Name	Yr	School	Finals
Finals			
1	Davidson, Jared	SO Plattsburgh	36.92 10
2	Montville, Brexton	SO Plattsburgh	37.21 8
3	Abbott, Dominic	FR Le Moyne	37.58 6
4	Anderson, Nicolas	FR Plattsburgh	38.23 4
5	Scott, Brandon	FR Le Moyne	38.66 2
6	Petty, Tim	FR Potsdam St.	38.77 1
7	Steele, Ryan	FR St. Lawrence	39.13
8	Renaud, Sam	FR Potsdam St.	39.81
9	Lohmann, Hayden	FR Utica	40.24
10	Robinson, Badie	FR Potsdam St.	40.39
11	Umana, Jafeth	FR Utica	41.75
---	Mapstone, Maxwell	SO St. Lawrence	DNS
---	Geier, Erik	SO St. Lawrence	DNS

Men 500 Meter Dash

Meet: 1:07.89 M 12/1/2018 Brian Fabian

Field House: 1:04.46 F 1/19/2013 Devin Biocchi

Saints: 1:05.0h s 1985 Kirk Dixon

Name	Yr	School	Finals
Finals			
1	Ware, David	JR Le Moyne	1:11.83 10
2	Vancoughnett, Kyle	JR Le Moyne	1:11.85 8
3	Stannard, Paul	JR Le Moyne	1:15.71 6
4	McDonough, Thomas	FR Plattsburgh	1:17.34 4
---	Mitch, Nicholas	SO St. Lawrence	DNS
---	Monnat, Cody	FR Plattsburgh	DNS

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Results

Men 600 Meter Run

Meet: 1:25.41 M 12/7/2019 Zachary Meredith

Field House: 1:25.41 F 12/7/2019 Zachary Meredith

Saints: 1:23.59 s 1/14/2012 Jack Knych

Name	Yr	School	Finals
Finals			
1 Barrett, Kenneth	JR	Le Moyne	1:25.05M 10
2 Renaud, Sam	FR	Potsdam St.	1:27.79 8
3 Rowe, Ethan	FR	St. Lawrence	1:27.93 6
4 Shaffe, Shifan	FR	St. Lawrence	1:28.25 4
5 Carlin-Saracene, Christian	SO	Le Moyne	1:28.30 2
6 Cary, James	FR	St. Lawrence	1:30.64 1
7 Sullivan, Jamie	FR	Potsdam St.	1:30.70
8 O'Donnell, Christopher	FR	St. Lawrence	1:36.29
9 Reyes, Antonio	SO	Utica	1:39.42
10 Glantz, Brian	FR	Utica	1:41.02
11 Hodge, Ethan	FR	Plattsburgh	1:41.19
12 Sochia, Levi	FR	Plattsburgh	1:45.32

Men 1000 Meter Run

Meet: 2:29.55 M 12/1/2018 Stephen Evans

Field House: 2:27.82 F 3/1/2008 Peter Kosgei

Saints: 2:28.04 s 1984 Dave Elster

Name	Yr	School	Finals
Finals			
1 Royal, Tye	FR	St. Lawrence	2:39.92 10
2 Skutt, Michael	FR	St. Lawrence	2:45.19 8
3 Roberts, Michael	SO	Utica	2:47.45 6
4 Grady, Sean	FR	Plattsburgh	3:02.78 4
5 Basile, Peter	FR	Plattsburgh	3:19.45 2
--- Wiekierak, Connor	FR	St. Lawrence	DNS

Men 1 Mile Run

Meet: 4:17.47 M 12/12/2009 Dan Ramsey

Field House: 4:10.24 F 2/25/2017 Benjamin Fazio

Saints: 4:12.02 s 3/8/2008 Erik Donohoe

AARTFC: 4:24.00 A

Name	Yr	School	Finals
Finals			
1 Page, Evan		Unat	X4:31.83
2 Bonesteel, Noah	FR	Plattsburgh	4:34.60 10
3 Abell, Matthew	SO	St. Lawrence	4:43.52 8
4 Lohmann, Hayden	FR	Utica	4:45.42 6
5 Roberts, Michael	SO	Utica	4:45.63 4
6 Brockway, Michael	FR	Plattsburgh	4:47.31 2
7 Taylor, Matthew	FR	St. Lawrence	4:56.53 1
8 Kotula, August	FR	St. Lawrence	4:59.83
9 Colonna, Alex	FR	Le Moyne	5:06.84
10 Barrett, Harper	FR	Potsdam St.	5:50.75

Men 3000 Meter Run

Meet: 8:49.92 M 12/14/2013 Thomas Caulfield

Field House: 8:29.49 F 3/1/2008 Seth Dubois

Saints: 8:14.6h s 1984 Jukka Tammisuo

AARTFC: 8:50.00 A

Name	Yr	School	Finals
Finals			
1 Coleman, Matthew	FR	St. Lawrence	9:25.71 10
2 Pavelec, Daniel	FR	Plattsburgh	9:26.10 8
3 Page, Evan		Unat	X9:28.70
4 DiNinno, Peter	SO	St. Lawrence	9:45.72 6
5 Ploss, Logan	FR	Potsdam St.	9:51.22 4
6 Serling, Maxwell	FR	Le Moyne	10:06.19 2
7 Beams, Charles	FR	St. Lawrence	10:11.71 1
8 Young, Colin	FR	St. Lawrence	10:16.49
9 Roach, Benjamin	FR	St. Lawrence	10:27.59
10 Howe, Evan	FR	Potsdam St.	10:30.60
11 Robinson, Kain	FR	Potsdam St.	11:08.36

Men 60 Meter Hurdles

Meet: 8.36 M 12/10/2011 Joe Pruckno

Field House: 8.10 F 1/18/2014 Sekou Kaba

Saints: 8.28 s 2/9/2013 Jacob Fredericks

AARTFC: 8.70 A

Name	Yr	School	Finals
Finals			
1 Geier, Erik	SO	St. Lawrence	8.77 10
2 Hafner, Nicholas	SO	Le Moyne	9.11 8
3 Lauria, Colby	FR	St. Lawrence	9.57 6

Men 4x200 Meter Relay

Meet: 1:30.35 M 12/8/2007 SUNY Cortland

K Ma, J Riese, M Bieringer, A Siddeeq

Field House: 1:27.88 F 3/4/2005

O Makinde, M Robertson, D Biocci, T Makinde

Saints: 1:29.74 s 2/26/2016 22.9, 22.39, 22.76, 21.69

T. Hamre, H. Stivers, G. White, N. Crawford

Team	Relay	Finals
Finals		
1 Utica	A	1:34.49 10
1) Washington, Josh	SO	2) Sei, Sei SO
3) Campbell, Michael	SO	4) Boss, James JR
2 Plattsburgh St.	A	1:34.65 8
1) Montville, Brexton	SO	2) Anderson, Nicolas FR
3) Monnat, Cody	FR	4) Davidson, Jared SO
3 St. Lawrence	A	1:38.80 6
1) Hauf, William	FR	2) Comparin, William FR
3) Gartner, Charles	FR	4) Ramirez, Esteban FR
--- Utica	B	DNS
1) Rogers, Nyles	FR	2) Mugushu, Byamungu SO
3) Thomas, Widmarc	FR	4) Umana, Jafeth FR

Saints Holiday Relays - 12/4/2021

Newell Field House

Results

Men 4x400 Meter Relay

Meet: 3:26.77 M 12/11/2010 SUNY DELHI

L HAYWOOD, R GRAHAM, Z BROWN, A ADKINS

Field House: 3:22.19 F 3/5/2005

R Hussey, A Miles, J Taylor, A Campbell

Saints: 3:20.17 s 1985 SLU

T Plimpton, J Disotelle, A Silver, T McCrossen

AARTFC: 3:27.00 A

Team	Relay	Finals
Finals		
1 Le Moyne	A	3:39.71 10
1) Hafner, Nicholas SO	2) Ware, David JR	
3) Carlin-Saracene, Christian St	4) Barrett, Kenneth JR	
2 St. Lawrence	A	3:42.75 8
1) Steele, Ryan FR	2) McFague, Seamus FR	
3) Lauria, Colby FR	4) Lambert, Connor JR	
3 Le Moyne	B	x3:44.28
1) Vancoughnett, Kyle JR	2) Stannard, Paul JR	
3) Hillhouse, Nolan SO	4) Colonno, Alex FR	
4 Utica	A	3:44.59 6
1) Wieder, Andrew FR	2) Wright, Zuriel JR	
3) Valentin, Justin FR	4) Reyes, Antonio SO	

Men 1600 Sprint Medley

Meet: 3:39.68 M 12/10/2005 Nazareth

A Van Nortwick, S Coffin, K Enwright, M Migonis

Field House: 3:39.68 F 12/10/2005 Nazareth

B Cocca, J Ravener, B Mallette, G Wagner

Saints: 3:40.91 s 12/14/2002 SLU

R Ames, B Frisch, B Malcolm, R Pollock

Team	Relay	Finals
Finals		
1 St. Lawrence	A	3:56.40 10
1) Ramirez, Esteban FR	2) Comparin, William FR	
3) McFague, Seamus FR	4) Boyce, Timothy FR	
2 Plattsburgh St.	A	3:57.79 8
1) Anderson, Nicolas FR	2) Sochia, Levi FR	
3) McDonough, Thomas FR	4) Monnat, Cody FR	

Men Distance Medley

Meet: 10:23.09 M 12/14/2002 St. Lawrence

A Van Nortwick, S Coffin, K Enwright, M Migonis

Field House: 10:05.30 F 2/28/2003

B Cocca, J Ravener, B Mallette, G Wagner

Saints: 9:57.87 s 3/4/2011 3:01.4 50.1 1:54.1 4:12.1

S Kiplagat, C Funch, A Goodwin, J LeBlanc

AARTFC: 10:40.00 A

Team	Relay	Finals
Finals		
1 St. Lawrence	A	11:27.29 10
1) Cary, James FR	2) Rowe, Ethan FR	
3) Shaffe, Shifan FR	4) Royal, Tye FR	
2 St. Lawrence	B	x11:35.27
1) Taylor, Matthew FR	2) O'Donnell, Christopher FR	
3) Kotula, August FR	4) Skutt, Michael FR	

3 Plattsburgh St.	A	13:01.31 8
1) Hodge, Ethan FR	2) Basile, Peter FR	
3) Grady, Sean FR	4) Rodriguez-Garnica, Denali F	
--- Plattsburgh St.	B	DNS

Men High Jump follows WPV

Meet: 2.14m M 12/8/2012 Kerrin Payne

Field House: 2.14m F 12/8/2012 Kerrin Payne

Saints: 2.04m s 1996 Pete Basta

AARTFC: 1.89m A

Name	Yr	School	Finals
Finals			
1 Wright, Zuriel	JR	Utica	1.89mA 10
2 Reyes, Antonio	SO	Utica	1.79m 8
3 Jones, Cooper	FR	Utica	1.74m 6
4 Mapstone, Maxwell	SO	St. Lawrence	1.69m 4
--- Petty, Tim	FR	Potsdam St.	NH
--- Wieder, Andrew	FR	Utica	DNS
--- Favata, Luke	SO	Potsdam St.	DNS
--- Mugushu, Byamungu	SO	Utica	DNS

Men Pole Vault

Meet: 4.95m M 12/10/2011 Ryan Pericozzi

Field House: 4.95m F 12/10/2011 Ryan Pericozzi

Saints: 4.89m s 1989 Alexander Grelland

AARTFC: 4.40m A

Name	Yr	School	Finals
Finals			
1 Wieder, Andrew	FR	Utica	3.50m 10
2 Simack, Jack	FR	St. Lawrence	3.05m 8

Men Long Jump follows WLJ

Meet: 6.73m M 12/8/2001 Ohene Cornelius

Field House: 7.07m F 1/26/2002 Ohene Cornelius

Saints: 7.32m s 1997 Chris Burgess

AARTFC: 6.65m A

Name	Yr	School	Finals
Finals			
1 Sei, Sei	SO	Utica	6.56m 10
2 Wright, Zuriel	JR	Utica	6.46m 8
3 Washington, Josh	SO	Utica	6.34m 6
4 Hauf, William	FR	St. Lawrence	6.13m 4
5 Lambert, Connor	JR	St. Lawrence	6.00m 2
6 Steele, Ryan	FR	St. Lawrence	5.93m 1
7 Wieder, Andrew	FR	Utica	5.88m
8 Hafner, Nicholas	SO	Le Moyne	5.86m
9 Hillhouse, Nolan	SO	Le Moyne	5.75m
10 Oduro, Junior	FR	Potsdam St.	5.71m
11 Petty, Tim	FR	Potsdam St.	5.20m
--- Bruce, Edem	JR	Potsdam St.	DNS
--- Mugushu, Byamungu	SO	Utica	DNS
--- Favata, Luke	SO	Potsdam St.	DNS

Saints Holiday Relays - 12/4/2021

Newell Field House

Results

Men Triple Jump follows WTJ

Meet: 14.14m M 12/12/2009 Dasheen Ellis

Field House: 14.99m F 1/22/2011 Allen Simms

Saints: 14.32m s 3/2/2012 Jamal Samaroo

AARTFC: 13.40m A

Name	Yr	School	Finals
Finals			
1 Jones, Cooper	FR	Utica	11.24m 10

Men Shot Put follows WSP

Meet: 16.55m M 12/9/2006 Josh Dupuis

Field House: 16.63m F 3/5/2005 Matt Kuenzel

Saints: 16.54m s 3/14/2008 Geoff Grambo

AARTFC: 13.85m A

Name	Yr	School	Finals
Finals			
1 Danaher, Kevin		Unat	X16.44mA
2 Logan, Hunter	SO	Utica	15.21mA 10
3 Bittel, Arthur	JR	Utica	13.83m 8
4 Tous, Aidan	SO	Plattsburgh	12.92m 6
5 Barnes, Jacob	SO	Utica	12.45m 4
6 VanAernam, Brady	SO	Utica	12.20m 2
7 McNeil, Michael	FR	Utica	12.15m 1
8 Jaworksi, Zachary	FR	St. Lawrence	11.71m
9 Mays III, Billie	FR	Utica	11.47m
10 Sylvain, Jady	JR	Potsdam St.	11.24m
11 Dunn, Thomas	FR	Utica	11.13m
12 Lambert, Connor	JR	St. Lawrence	11.10m
13 Fionda, Michael	FR	St. Lawrence	10.94m
14 Cabrera, Jorge	FR	Plattsburgh	10.85m
15 Clark, Ian	FR	St. Lawrence	10.67m
16 Trudo, Spencer	FR	Plattsburgh	10.03m
17 Demain, Quinn	SO	St. Lawrence	9.94m
18 Hutton, Collin	SO	St. Lawrence	9.91m
19 Sandway, Alexander	JR	Le Moyne	7.68m
--- Florian, Nathan	JR	Utica	FOUL
--- Bowens, Tito	SO	St. Lawrence	FOUL
--- Parker, Adam	JR	Potsdam St.	DNS
--- Swavely, Justin	FR	Utica	DNS

Men Weight Throw follows WWT

Meet: 21.69m M 12/9/2006 Jesse Doty

Field House: 21.69m F 12/9/2006 Jesse Doty

Saints: 19.31m s 3/5/2010 Eric Jones

AARTFC: 15.00m A

Name	Yr	School	Finals
Finals			
1 Kelly, Antwan	SO	Utica	14.40m 10
2 Florian, Nathan	JR	Utica	13.74m 8
3 Mays III, Billie	FR	Utica	13.04m 6
4 Barnes, Jacob	SO	Utica	12.82m 4
5 Logan, Hunter	SO	Utica	J12.82m 2
6 Demain, Quinn	SO	St. Lawrence	12.66m 1
7 Tous, Aidan	SO	Plattsburgh	12.43m
8 Brown, Mark	SO	Utica	12.07m

9 Sportello, Michael	FR	Utica	11.81m
10 McNeil, Michael	FR	Utica	10.85m
11 Fionda, Michael	FR	St. Lawrence	10.56m
12 Bowens, Tito	SO	St. Lawrence	10.30m
13 Trudo, Spencer	FR	Plattsburgh	10.08m
14 Jaworksi, Zachary	FR	St. Lawrence	8.87m
15 Sandway, Alexander	JR	Le Moyne	8.15m
--- Cabrera, Jorge	FR	Plattsburgh	FOUL
--- Hutton, Collin	SO	St. Lawrence	FOUL
--- VanAernam, Brady	SO	Utica	FOUL
--- Dunn, Thomas	FR	Utica	FOUL
--- Swavely, Justin	FR	Utica	DNS

Women - Team Rankings - 18 Events Scored

1) St. Lawrence	163
2) Plattsburgh St.	124
3) Utica	112
4) Le Moyne	67
5) Potsdam St.	7

Men - Team Rankings - 18 Events Scored

1) Utica	173
2) St. Lawrence	127
3) Plattsburgh St.	87
4) Le Moyne	70
5) Potsdam St.	13